

# The Growth Zone

What scares us a little makes us grow a lot!



Week of: \_\_\_\_\_



Kim



Smilla

## This Week's Brave Challenge

**Kim's Challenge:** \_\_\_\_\_  
\_\_\_\_\_

**Smilla's Challenge:** \_\_\_\_\_  
\_\_\_\_\_

## Daily Growth Actions (Write your shared actions together each morning!)

Action	Mon	Tue	Wed	Thu	Fri	Sat	Sun
1. _____	<input type="checkbox"/>						
2. _____	<input type="checkbox"/>						
3. _____	<input type="checkbox"/>						

## Wins of the Week! Every win counts, no matter how small!

### Kim's Wins

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### Smilla's Wins

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_